

natural Spa factory™

Throughout our treatments we use 'Natural Spa' products, who are a company that provide us with innovative, quirky and exquisite spa products which have not been tested on animals.

Facials

Mini Facial

A great introduction to facials. Your skin is cleansed, exfoliated and massaged to perfection. After a moisturising sequence the skin is left feeling fresh and revitalised.

25min £39.50

Illuminate Facial

Rice bran oil is the staple beauty ingredient used by Geisha girls in Japan. It holds the ability to deeply cleanse, brighten and detox all skin types. It is especially kind to sensitive, problematic or oily skin types. The range is blended with rice bran oil and a carefully chosen selection of Alpine plants sourced from the Swiss Alps to leave skin looking youthful, healthy and glowing. Brilliant, too, for healthy ageing – age spots & dark circles are lightened, pH levels balanced.

50min £55.00

Rose Dew Facial

Using the incredibly hydrating properties of Rose, combined with bamboo, bergamot, aloe vera and pomegranate to create a kind and hydrating facial to leave skin dewy and refreshed. Perfect for skin lacking moisture, sensitive and youthful skin.

50min £55.00

Gold Facial

A natural alchemy of rich skin loving ingredients such as real Gold, extract of Caviar, Pearl as well as Hyaluronic acid increase circulation and elasticity as well as aiding tissue repair and slowing down collagen depletion. With a subtle amber notes, this is truly a very decadent and luxurious facial for all.

70min £72.50



Scrub Bar

Pull up a pew at our scrub bar! With a selection of natural seasonal salt or sugar based scrubs and polishes to choose from. Starting with a consultation with your therapist, we will help select a body scrub & complimenting oils depending on what your skin or mood is craving. We then give you a thoroughly good scrub down – shifting dead skin cells, stimulating circulation and finish with a blend of intensely nourishing oils back in to skin to leave you feeling smooth, soothed and oh-so-soft.

50min £54.00

Wraps

Ginger Spice Wrap

Revitalising and stimulating, the perfect antidote for tired, lethargic muscles. An infusion of energising and circulation boosting Ginger, anti-oxidising Sweet Orange and hydrating Cocoa Beans. Finishing with a generous application of warming oil to leave you feeling re-invigorated! Relax whilst the wrap does all the work with a soothing face and scalp massage using the aromas of mandarin and Neroli to ease away your tension.

50min £60.00

Mineral Rich Sea Wrap

Packed with a careful selection of seaweeds, this treatment will help breakdown fatty deposits, flush out toxins and help with excess water retention. Finish with a detoxing, seaweed-enriched body oil to enrich the skin with essential oils and minerals to leave you feeling oh-so-soft, firmed and toned. Whilst the wrap is on lay back and relax with a face and scalp massage using our gold honey gel, containing caviar extract which is rich in Vitamins A, B, D and E to leave your skin more radiant and softened.

50min £60.00

Massage

Serenity Massage Candle

A soothing and nourishing massage with warming coconut and soya bean oils, poured on to the skin from a melted candle. Expect intense relaxation and incredible aromas, with the choice of cocoa flower or rose.

40min £55.00

Half Body Massage

With a choice of back, neck and shoulder; head, neck and shoulder or leg and foot massage to choose from. Our massage helps to soothe tired, tense and achy muscles by focusing on areas that hold the most tension.

25min £39.50



Full Body Massage

This classic full body massage is tailored to your needs. Relaxing, medium or firm pressure will be used to effectively relieve stress and sooth muscular tension.

50min £62.50

Indian Head Massage

This simple yet effective treatment uses a variety of techniques to manipulate soft tissue, with a range of different massage pressures and rhythms to stimulate the head, neck and upper back and shoulder area, the therapist will also gently stimulate the pressure points on the face. This ancient art of massage aids the relief of chronic neck and shoulder stiffness, eye strain and headaches; it helps with mental tiredness and improves circulation.

40min £45.00



Mud Rasul Ritual

An enjoyable, cleansing and detoxifying treatment which can be shared. Extend your treatment by adding time in our Fire and Ice Suite.

History & Benefits

For millennia the glacial snows have thawed and flowed down the mountains bringing a gift from nature. Mud – a finely ground mineral dust, rich in quartz and mica which imparts its beneficial minerals when applied to the skin. These detoxifying muds have been used for decades as part of a cleansing ritual combining steam and heat to draw out impurities and remove dead skin cells. This deeply cleansing, detoxifying, calming and soothing treatment improves skin moisture, skin texture, circulation, relaxes muscular tension and promotes skin renewal slowing down the aging process.

The Treatment

This unique treatment experience starts inside the chamber with one our therapist advising you on the benefits of the mud. You then get to apply the mud, smothering yourself from head to toe in velvety layers. Once you are covered, the heat from the chamber will bake the mud to your skin, making it feel tighter - this is when the properties of the mud take effect and draw out any impurities in your body and add nourishment to your skin. Lay back, relax and breathe in the essential oil infused steam that fills the chamber, aiding congestion, softening the mud and opening your pores in readiness for the mud to be washed away. Enjoy the warm tropical rain shower at the end of the treatment as it gently washes away the mud leaving your skin feeling soft, smooth and refreshed.

Mud Rasul 45min £32.50pp

Fire & Ice Suite Experience

Located in the heart of the spa, the relaxing experiences of hot and cold forms a therapeutic element of your spa journey. Relax in our uplifting steam room, herbal sauna and cool down in our refreshing artic ice room. Unwind your senses further in our candle lit rejuvenation suite, which includes heated loungers, relaxing music and light refreshments.

Mud Rasul + 1 hr Fire & Ice 115min £35.00pp



Welcome to Crown Spa Treatments,

Our aim is to provide you with a relaxing and memorable experience, helping you to revitalize and pamper yourself, thus redressing the balance of both body and mind by achieving a sense of well being.

How to book

For availability, opening times and appointments please call **01723 357488**

Full payment will be taken on booking to secure your appointment. We advise that you arrive 10 minutes before your treatment time.

Terms and Conditions

Children

All clients must be 16 years of age or over

Cancellation Policy

We require 48hours notice when cancelling a spa treatment otherwise the full cost of the treatment will not be refunded.

Group bookings of 6 or more require 1 weeks' notice.

Choice of treatments

Not all treatments complement each other. If you are considering booking a range of treatments please seek the advice from our fully qualified spa therapists and reservation team by contacting the spa by telephone or email.

Medical Conditions

If you have any of the following medical conditions or are undergoing treatment please check with a member of the spa team before booking your spa treatment. A doctor's note may be required for certain conditions: Back or neck injury, radiotherapy, chemotherapy, skin allergies/sensitivity, pregnancy, DVT, heart conditions or fitted devices and cancer. We are unable to refund you if you fail to disclose medical conditions or specialized treatments that would be incompatible with the treatments and products we offer.



Treatment Menu

